

# Assisted Living

# March 2024

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>Highlights:</b>  <b>10th-Daylight Savings Spring Ahead</b>  <b>16th-Greek Dancers</b>  <b>18th St. Pat's Pipers</b>  <b>19th-1st Day of Spring</b>  <b>23rd-Childrens Theater Grp.</b>  <b>24th-Palm Sunday</b>  <b>31st-Easter Sunday</b></p>			<p><b>Resident Birthdays</b>  <b>12 Madeline K</b>  <b>13 Mary Sue N</b>  <b>14 Arlene H</b>  <b>14 Beatrice K</b>  <b>17 John D</b>  <b>22 Virginia W</b></p>	<p><b>Resident Birthdays</b>  <b>23 Ann M</b>  <b>25 Roberta R</b>  <b>27 Martha V</b>  <b>29 Marjorie R</b>  <b>31 Janet O</b></p>	<p><b>1</b>  09:00 Newspaper and Chronicl...  10:30 Tai Chi Class  01:00 Mail Call !  01:30 Garden Club  02:30 J n J Sing a Long  03:15 Trivia Challenge  04:00 Happy Hour  06:00 Leisure Time</p>	<p><b>2</b>  09:00 Chronicle Delivery  10:30 Morning Exercise Program  11:00 What's Happening Now?  01:00 Mail Call !  01:30 Dominos/Games  02:00 Matinee  02:30 St. Patrick's Day Crafts  04:00 Happy Hour</p>
<p><b>3</b>  09:00 Newspaper and Chronicl...  10:00 Praise and Worship  11:00 Chair Yoga  01:00 1 to 1 visits  01:30 Trivia Challenge  02:00 Protestant Communion S...  03:00 TED Talks  04:00 Happy Hour</p>	<p><b>4</b>  09:00 Newspaper and Chronicl...  10:30 Flexercise  11:00 Art Class  01:00 Mail Call !  01:30 Trivia Challenge  02:30 Prize BINGO  04:00 Happy Hour  06:00 Leisure Time</p>	<p><b>5</b>  09:00 Newspaper and Chronicl...  <b>10:00 Therapy Dog Visit</b>  10:30 Cross Fit  11:00 Create a Word  01:30 Yahtzee  02:30 Musical Styles of Irina  <b>03:30 Margot Art Exhibition</b>  04:00 Happy Hour</p>	<p><b>6</b>  09:00 Newspaper and Chronicl...  10:30 Sit &amp; Be Fit  11:00 Outreach / Crafts  01:30 Resident Run Poker  02:00 Rosary/Catholic Service  02:45 Guitar &amp; Song by Ashley  04:00 Happy Hour  06:00 Zon Movie of the Week</p>	<p><b>7</b>  09:00 Newspaper and Chronicl...  10:30 Meditation in Motion  11:30 Ladies Luncheon Commit...  01:00 Mail Call !  01:30 Musical Walkabout  02:00 Prayer Circle  02:45 Brian Blatz Performs  04:00 Happy Hour</p>	<p><b>8</b>  09:00 Newspaper and Chronicl...  <b>10:15 Outing</b>  10:30 Tai Chi Class  01:00 Mail Call !  01:30 Hangman  02:30 Hit It To Win It  03:15 Trivia Challenge  04:00 Happy Hour</p>	<p><b>9</b>  09:00 Chronicle Delivery  10:30 Morning Exercise Program  11:00 What's Happening Now?  01:00 Mail Call !  01:30 Dominos/Games  02:00 Matinee  02:30 Ballroom Dancing with ...  04:00 Happy Hour</p>
<p><b>Daylight Savings Begins</b> <b>10</b>  09:00 Newspaper and Chronicl...  10:00 Space Coast Church  11:00 Chair Yoga  01:00 1 to 1 visits  01:30 Trivia Challenge  02:00 Praise and Worship  03:00 TED Talks  04:00 Happy Hour</p>	<p><b>11</b>  09:00 Newspaper and Chronicl...  10:30 Flexercise  11:00 Art Class  01:00 Mail Call !  01:30 Trivia Challenge  02:30 Prize BINGO  04:00 Happy Hour  06:00 Leisure Time</p>	<p><b>12</b>  09:00 Newspaper and Chronicl...  10:30 Cross Fit  11:00 Group Crossword  01:00 Mail Call !  01:30 Origami Creations  02:00 Therapy Dog Visit  02:30 Paul Beach / Sing &amp; Sax  04:00 Happy Hour</p>	<p><b>13</b>  09:00 Newspaper and Chronicl...  10:30 Sit &amp; Be Fit  11:00 Outreach / Crafts  01:30 Resident Run Poker  02:00 Catholic Mass  02:45 Music by Don Alexander  04:00 Happy Hour  06:00 Zon Movie of the Week</p>	<p><b>14</b>  09:00 Newspaper and Chronicl...  10:30 Meditation in Motion  11:00 Men's Club Meeting  01:00 Mail Call !  01:30 Musical Walkabout  02:00 Prayer Circle  02:45 Digger on Ukulele  04:00 Happy Hour</p>	<p><b>15</b>  09:00 Newspaper and Chronicl...  10:30 Tai Chi Class  01:00 Mail Call !  01:30 Finish the Phrase  02:30 Listen and Learn  03:15 Trivia Challenge  04:00 Happy Hour  06:00 Leisure Time</p>	<p><b>16</b>  09:00 Chronicle Delivery  10:30 Morning Exercise Program  11:00 What's Happening Now?  01:30 Dominoes with Lee  02:00 Matinee  02:00 Therapy Dog Visit  02:30 Greek Dance Group  04:00 Happy Hour</p>
<p><b>St. Patrick's Day</b> <b>17</b>  09:00 Newspaper and Chronicl...  10:00 Praise and Worship  11:00 Chair Yoga  01:00 1 to 1 visits  01:30 Trivia Challenge  02:00 Prayer Circle  03:00 TED Talks  04:00 Happy Hour</p>	<p><b>St. Pat's Pipers</b> <b>18</b>  09:00 Newspaper and Chronicl...  10:30 Flexercise  11:00 Art Class  01:00 Mail Call !  01:30 Trivia Challenge  <b>02:30 St. Patrick's Day Party</b>  04:00 Happy Hour  <b>06:00 Leisure Time</b></p>	<p><b>1st Day of Spring</b> <b>19</b>  09:00 Newspaper and Chronicl...  <b>10:00 Therapy Dog Visit</b>  10:30 Cross Fit  11:00 Create a Word  01:00 Mail Call !  01:30 Word Jumble  02:30 Henry on Violin  04:00 Happy Hour</p>	<p><b>20</b>  09:00 Newspaper and Chronicl...  10:30 Sit &amp; Be Fit  11:00 Outreach / Crafts  01:30 Resident Run Poker  02:00 Rosary/Catholic Service  02:45 Todd Senter Show  04:00 Happy Hour  06:00 Zon Movie of the Week</p>	<p><b>21</b>  09:00 Newspaper and Chronicl...  10:30 Meditation in Motion  11:00 Ladies Luncheon Set Up  12:00 Ladies Luncheon  01:30 Musical Walkabout  02:00 Prayer Circle  02:45 Melodies with Pearl Joy  04:00 Happy Hour</p>	<p><b>22</b>  09:00 Newspaper and Chronicl...  10:30 Tai Chi Class  <b>10:30 Outing</b>  01:00 Mail Call !  01:30 Hangman  02:30 Prize BINGO  03:15 Trivia Challenge  04:00 Happy Hour</p>	<p><b>23</b>  09:00 Chronicle Delivery  10:30 Morning Exercise Program  11:00 What's Happening Now?  01:30 Dominoes with Lee  02:00 Matinee  02:00 Therapy Dog Visit  <b>02:30 Children's Theater Group</b>  04:00 Happy Hour</p>
<p><b>Palm Sunday</b> <b>24</b>  09:00 Newspaper and Chronicl...  <b>10:00 Catholic Mass</b>  11:00 Chair Yoga  01:00 1 to 1 visits  01:30 Trivia Challenge  02:00 Prayer Circle  03:00 TED Talks  04:00 Happy Hour</p>	<p><b>25</b>  09:00 Newspaper and Chronicl...  10:30 Flexercise  11:00 Art Class  01:00 Mail Call !  01:30 Trivia Challenge  02:30 Prize BINGO  04:00 Happy Hour  06:00 Leisure Time</p>	<p><b>26</b>  09:00 Newspaper and Chronicl...  10:30 Cross Fit  11:00 Find a Word  01:00 Mail Call !  01:30 Adaptive Scrabble  02:30 Monthly Birthday Party  04:00 Happy Hour  06:00 Leisure Time</p>	<p><b>27</b>  09:00 Newspaper and Chronicl...  10:30 Sit &amp; Be Fit  11:00 Outreach / Crafts  01:30 Resident Run Poker  02:00 Rosary/Catholic Service  02:45 Jimmy Rhodes / Guitar ...  04:00 Happy Hour  06:00 Zon Movie of the Week</p>	<p><b>28</b>  09:00 Newspaper and Chronicl...  10:30 Meditation in Motion  11:00 Men's Club Set Up  12:00 Men's Club Lunch  01:30 Musical Walkabout  02:00 Prayer Circle  02:45 Styles of Leesah Stilies  04:00 Happy Hour</p>	<p><b>Good Friday</b> <b>29</b>  09:00 Newspaper and Chronicl...  10:30 Tai Chi Class  01:00 Mail Call !  01:30 Jewelry Bead Creations  02:30 Bell's Concert  03:15 Trivia Challenge  04:00 Happy Hour  06:00 Leisure Time</p>	<p><b>30</b>  09:00 Chronicle Delivery  10:30 Morning Exercise Program  11:00 What's Happening Now?  01:30 Dominoes with Lee  02:00 Matinee  02:30 Easter Crafts  04:00 Happy Hour  06:00 Leisure Time</p>
<p><b>Easter Sunday</b> <b>31</b>  09:00 Newspaper and Chronicl...  <b>10:00 Easter Family Brunch</b>  <b>10:00 Catholic Mass</b>  11:00 Chair Yoga  <b>12:00 Easter Family Brunch</b>  01:00 1 to 1 visits  02:00 Prayer Circle  04:00 Happy Hour</p>						